

Involve friends and family

Don't forget to use your amazing network of friends and family, as well as any groups you may be part of, such as sports teams, choirs or social groups.



With your friends and family

- Ask for donations instead of presents for birthdays/Christmas
- See if you can organise a non-uniform day at a school
- Organise a swap shop evening



With your groups/teams

- Can you sneak in a fundraising element to an existing event? E.g. a raffle at a social night
- Get everyone to group together to do a bag pack or collection with you
- Set up a fines jar, make a donation if you turn up late or forget something



At work

- Organise a dress down day or dress in purple for the day, ask everyone to make a donation
- Have a bake sale, everyone likes cake
- Run a sweepstake, guess the baby weight, who will the Grand National, there are lots of options

Fundraising doesn't need to be a solo activity, involve your friends, family and colleagues to boost your donations.

> Meningitis Research Foundation

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