

The Vitality Big Half

Get a team together for the Big Half in London on Sunday 1st March 2020!

Sharing much of its 13.1 mile route with the world famous London Marathon, The Big Half is a celebration at the heart of London with DJs, bands, food and incredible support along the route.

Starting at (and running across) Tower Bridge you'll run past Canary Wharf and the Cutty Sark ending in the beautiful Greenwich Park, you'll see the highlights of London and help us to achieve our vision of a world free from meningitis and septicaemia.

When: 1st March 2020

Where: London (starting at Tower Bridge)

Fundraising Target: £300

The Route:



By becoming part of Team MRF, you will be helping us to achieve our goal of defeating meningitis wherever it exists. Your contribution will enable us to fund vital research into the disease, provide life-saving awareness information, and support those who have lost a loved one or are coping with the after effects of this disease.

To sign up or make an enquiry please email
supportus@meningitis.org or call 0333 4056 262

Get a team together

Classic Individual Runner Package	Team of 5 Package	Team of 10 Package
<p>All of our runners receive:</p> <ul style="list-style-type: none"> • Fundraising guide and resources • MRF running vest • Dedicated charity support • Regular charity and running support updates • Join our MRF Strava team to track your runs and to support team mates training 	<p>On top of the Classic Individual Runner Package, a team of 5 would also receive:</p> <ul style="list-style-type: none"> • No sign up fee • Iron on team name for their vest • Social media assets for your business to share about taking part in the event • Access to our team Facebook group for the event 	<p>On top of the Classic Individual Runner Package and Team of 5 Package, a team of 10 would also receive:</p> <ul style="list-style-type: none"> • Team target equal to £275 per runner (instead of £300 per runner) • Have a feature on the Meningitis Research Foundation website • Cheer packs for your team's supporters • Support with your fundraising from our dedicated Corporate Fundraising Team or MRF ambassadors

Team of 10+?

If you are interested in assembling a team larger than 10 please get in contact directly with us and we will look at putting together a bespoke package for you.

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