

The Cardiff Half Marathon

The largest mass-participation event in Wales, the Cardiff Half Marathon is a flat course lined every year by thousands of cheering spectators in the city known for its passion for sports.

When: 04th October 2020

Where: Cardiff

Fundraising Target: £250



By becoming part of our team, you will be helping us to achieve our goal of defeating meningitis wherever it exists. Your contribution will enable us to fund vital research into the disease, provide life-saving awareness information, and support those who have lost a loved one or are coping with the after effects of this disease.

To sign up or make an enquiry please email supportus@meningitis.org or call 0333 4056 262

Get a team together

Classic Individual Runner Package	Team of 5 Package	Team of 10 Package
<p>Individuals running for TeamMRF will receive:</p> <ul style="list-style-type: none"> • MRF running vest • Iron on team name for their vest • Fundraising guide and resources, and support with your fundraising from our dedicated Corporate Fundraising Team • Regular charity and event updates 	<p>On top of the Classic Individual Runner Package, a team of 5 would also receive:</p> <ul style="list-style-type: none"> • Social media assets for your business to share about taking part in the event • Access to our team Facebook group for the event • Join our MRF Strava team to track your runs and to support team mates training 	<p>On top of the Classic Individual Runner Package and Team of 5 Package, a team of 10 would also receive:</p> <ul style="list-style-type: none"> • Reduced team target equal to £200 per runner • Have a feature on the Meningitis Research Foundation website • Cheer packs for your team's supporters

Team of 10+?

If you are interested in assembling a team larger than 10 please get in contact directly with us and we will look at putting together a bespoke package for you.

Could you be a SuperRunner?

Did you know this event is one of the five World Athletics Label half marathons that make up the SuperHalves series? Complete all five events within 3 years to become a SuperRunner. Ask us for more details about series entry!

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