

Hosting a social with your team

Why host a social?

- Team socials are a great chance for you and your group to get to know each other.
- It can boost team morale to feel part of a group/community.
- Discuss your fundraising ideas in a casual setting.

Ideas

- Pub quiz
- Practice hikes
- Cinema night/movie night
- Group dinner
- Board game cafe
- Team escape room
- Craft night
- Attend a sports game
- Dress as your degree/Fancy dress
- Bowling

Practice hikes/walks

Many teams choose to train for their challenge together through practice hikes. Before you go, think about the following:

- Completing a risk assessment. It is important you know what the potential risks are, and how you plan to manage them. There is a risk assessment template available on our resources hub. If you have any questions on how to do this, let us know.
- Your risk assessment should include communication plans – making sure your family and friends are aware of your plans so they can check in on your wellbeing.
- When you are taking part in an event not organised by Meningitis Research Foundation or Choose a Challenge

Make sure your socials are inclusive and welcoming

Please make sure that the socials you organise are inclusive of your whole team. In particular, we recommend making sure your socials are not solely based around alcohol/going to the pub. Try to think of events that everyone in your team can get involved with.

and there are no hired professionals present, every attendee is responsible for their own health and safety. Encourage your team members to think honestly about whether an activity is too difficult for them prior to attending.

Pub Quiz Social

A pub quiz is a great way to get your team to bond with each other. Attempting to get to know everyone in a group all at once can be overwhelming, so putting everyone into small teams allows people to focus on just getting to know a few people initially, as well as breaking the ice!

Getting ready for the event

- Organise a venue. Lots pubs/bars/student unions have function rooms/areas that they will let you book out for free!
- When you have organised the event advertise it on your WhatsApp group, Instagram group chats or however you communicate with your team.
- Put everyone into teams of around 5 people per team (alter depending on size of group). If people signed up with friends, try and split them up into different teams so they get to know some of the rest of the group. Post in your group chat to say who is in each team.
- Write the questions! Why not include a round about Meningitis Research Foundation - this will help everyone to learn a few key facts about the charity and the work that we do, which will ultimately help them with their fundraising!
- Find a prize for the winning team. This could be something as simple as a box of chocolates – whatever you feel would be most appropriate.

On the day

- Make sure each team has an answer sheet and pen
- Make any relevant announcements – such as upcoming fundraising opportunities, give out bucket seals to anyone who needs them for upcoming collections etc.
- Announce the total amount that the team has raised so far (can be found on your team JustGiving campaign page). Congratulate the team on all of their hard work so far and do a shout out to anyone who has organised a particularly successful event etc.
- Deliver the quiz! You can choose whether to put a drinks break in the middle.
- Get teams to swap answer sheets and go through the answers.
- Collect answer sheets, work out who is the winning team.
- In the meantime, ask everyone to tell the rest of their team about one fundraiser they have organised which has gone well or one fundraiser they are organizing.
- Announce the winner and give them the prize!

After the quiz:

- Move on to another pub? Night out? Go home for an early night? It's up to you!

