

Meningitis symptoms alert!



Fever/
vomiting



Severe
headache



Stiff neck



Dislike of
bright lights



Very sleepy/
vacant
/difficult to wake



Confused/
delirious



Rash



Seizures

meningitis.org

Free helpline
080 8800 3344

Reg. Charity England & Wales
No 1091105 & Scotland No
SC037586 Reg. Office:
Newminster House,
Baldwin Street, Bristol BS1 1LT

Septicaemia symptoms alert!



Fever/
vomiting



Limb/joint/
muscle pain



Cold hands/
feet/shivering



Pale or
mottled skin



Breathing
fast/
breathless



Rash



Very sleepy/
vacant
/difficult to wake



Confused/
delirious

Symptoms can appear in any order. Not everyone gets all symptoms.

Septicaemia can occur with or without meningitis.

Other symptoms in babies:

- Unusual grunting sounds
- Tense or bulging soft spot
- Refusing to feed
- Irritable when picked up, with a high pitched or moaning cry
- Stiff body with jerky movements, or floppy /lifeless

If under 3 months fever often absent.

Trust your instincts. Someone can become seriously ill quickly. Get medical help.