Early symptoms of meningitis and sepsis can be like other childhood illnesses, but a baby will usually get ill quickly and get worse fast.

## **Remember:**

- > Check your baby often.
- > Symptoms can appear in any order.
- > Not every baby will get all symptoms.
- > Don't wait for a rash to appear: a very ill baby needs medical help even if there are only a few spots or no rash.
- > If you think your baby has meningitis or sepsis, get medical help immediately.
- > Tell the health professional you speak to you are worried it could be meningitis or sepsis.
- > You know your baby best, so always trust your instincts.













