

# **Neonatal meningitis: can we do better?**

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# Incidence of neonatal bacterial meningitis

Location	Period	Incidence /1000 live births	< 2500g
Leeds	1947-60	0.5	
USA (NIH)	1959-66	0.46	1.4
California	1962-87	0.3	2.8
England/Wales	1985-7	0.2	2.5
Oxford Region	1984-91	0.25	
England/Wales	1996-7	0.2	1.7

# Etiology of neonatal bacterial meningitis (% of cases)

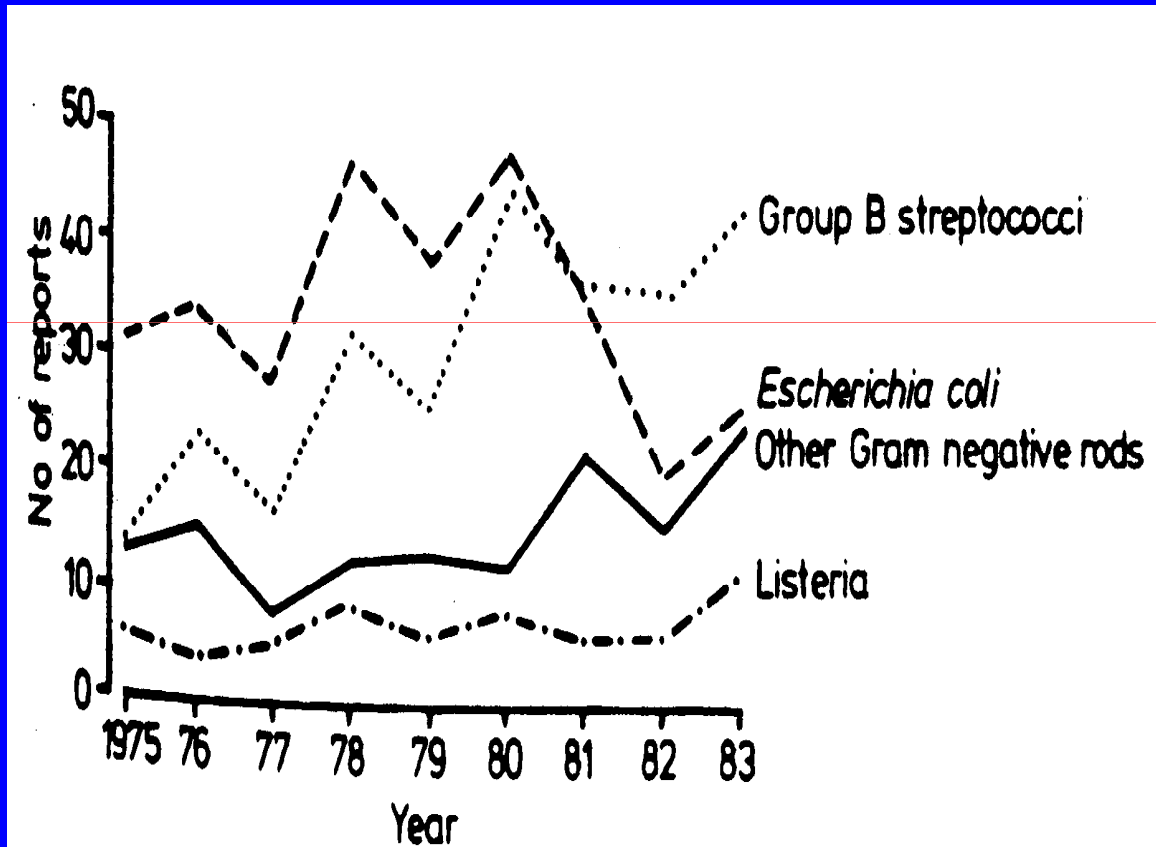


FIG 3—Organisms implicated in cases of neonatal meningitis.

E+W 1985-7	E+W 1996-7	UK 2010-11 <i>Preliminary</i>
39	48	50
26	18	9
12	8	9
6	6	10
7	5	4

European region: 20 studies

Strakova	2004	Czech Republic	High	356250	0-89d
Andersen	2004	Denmark	High	80263	0-89d
Ekelund	2004	Denmark	High	64153	0-89d
Kuhn	2010	France	High	20131	0-6d
Fluegge	2005	Germany	High	1454520	0-89d
Berardi	2007	Italy	High	112933	0-89d
Trijbels	2007	Netherlands	High	608665	0-89d
van den Hoogen	2010	Netherlands	High	21429	0-2d
Hasselvedt	2001	Norway	High	50000	0-89d
Hajdu	2006	Norway	High	28235	0-89d
Neto	2008	Portugal	High	448531	0-89d
Janek	2004	Slovakia	High	6538	0-89d
Carbonell	2008	Spain	High	107021	0-6d
Lopez Sastre	2005	Spain	High	164830	0-89d
Andreu	2003	Spain	High	157848	0-89d
Persson	2004	Sweden	High	72641	0-89d
Heath	2004	United Kingdom	High	794037	0-89d
Oddie	2002	United Kingdom	High	62786	0-6d
Weisner	2004	United Kingdom	High	654474	0-89d
Vergnano	2011	United Kingdom	High	130763	0-89d

Subtotal (I-squared = 98.6%, p = 0.000)

Region of the Americas: 16 studies

Martin	2007	Antigua and Barbuda	High	12000	0-28d
Vaciloto	2002	Brazil	Middle	4746	0-2d
Bell	2005	Jamaica	Middle	17262	0-28d
Trotman	2006	Jamaica	Middle	32029	0-28d
Castrodale	2007	United States	High	39628	0-6d
Chen	2005	United States	High	120952	0-6d
Hyde	2002	United States	High	248184	0-6d
Mayor-Lynn	2005	United States	High	28659	0-6d
Phares	2008	United States	High	3047059	0-89d
Puopolo	2005	United States	High	67260	0-3d
Reingold	2007	United States	High	1363636	0-6d
Stoll	2002	United States	High	6204	0-6d
CDC	2009	United States	High	2854761	0-89d
Brooks	2005	United States	High	427000	0-89d
Cordero	2004	United States	High	17926	0-89d
Jordan	2008	United States	High	351064	7-89d

Subtotal (I-squared = 97.4%, p = 0.000)

African region: 4 studies

Berkley	2005	Kenya	Low	27284	0-59d
Gray	2007	Malawi	Low	31458	0-89d
Ojukwu	2005	Nigeria	Middle	4135	0-27d
Cutland	2009	South Africa	Middle	8129	0-27d

Subtotal (I-squared = 82.9%, p = 0.001)

Eastern Mediterranean region: 4 studies

Al-Zwaini	2002	Iraq	Middle	12826	0-89d
APNIS	2009	Kuwait	High	44990	0-2d
El-Said	2002	Saudi Arabia	High	8000	0-28d
Ben Hamida	2008	Tunisia	Middle	11201	0-89d

Subtotal (I-squared = 65.6%, p = 0.033)

Western Pacific region: 7 studies

Angstetra	2007	Australia	High	8303	0-6d
Daley	2004	Australia & NewZealand	High	22514	0-2d
May	2005	Australia & NewZealand	High	30008	0-2d
APNIS	2009	Macau	High	6400	0-2d
APNIS	2009	Malaysia	Middle	46140	0-2d
Kim	2004	Republic of Korea	High	46154	0-28d
Niduvaje	2006	Singapore	High	4636	0-27d

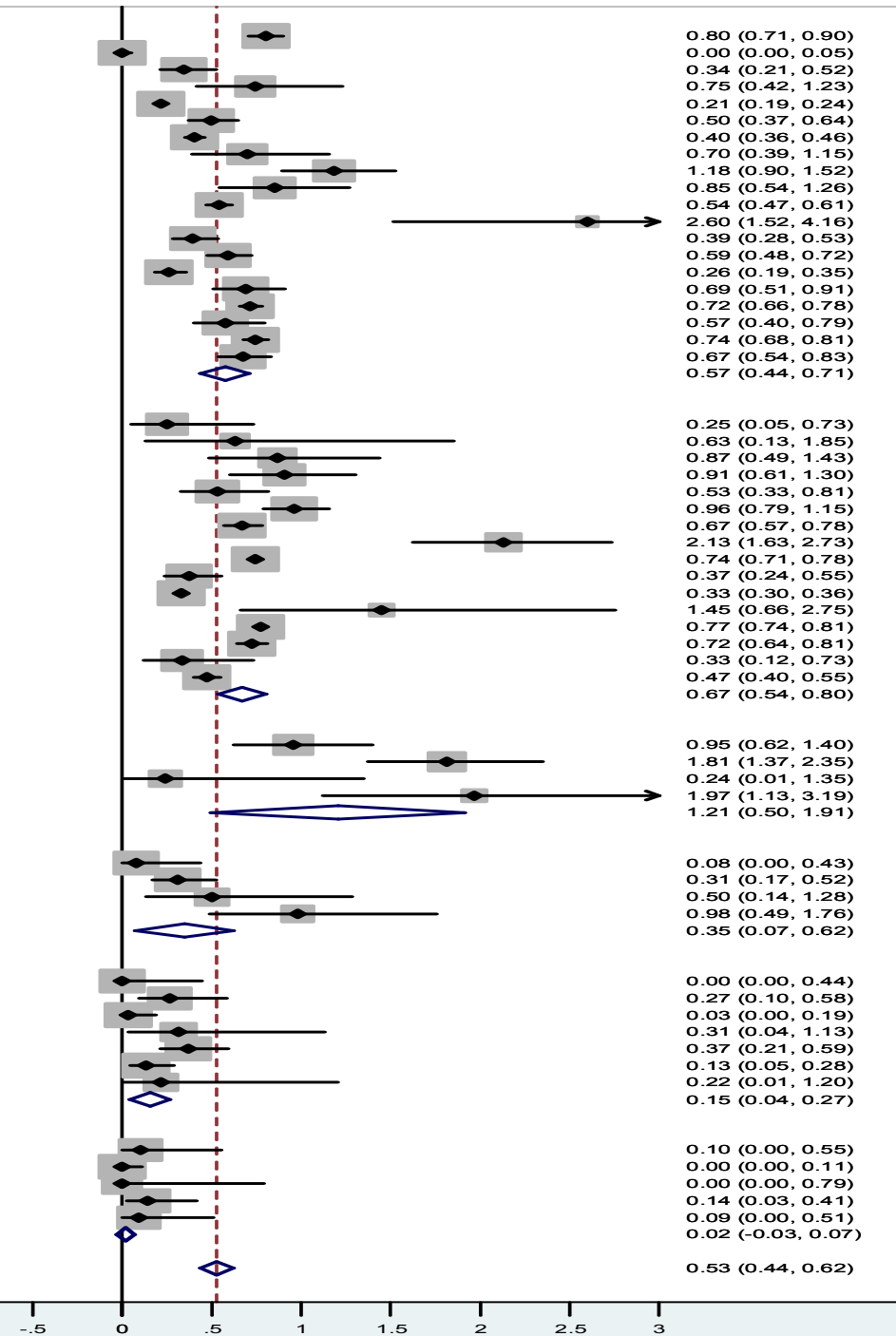
Subtotal (I-squared = 54.7%, p = 0.039)

South East Asian region: 5 studies

Darmstadt	2009	Bangladesh	Low	10000	0-28d
Sundaram	2009	India	Middle	34362	0-3d
APNIS	2009	India	Middle	4689	0-2d
APNIS	2009	Thailand	Middle	21299	0-2d
Yossuck	2002	Thailand	Middle	11000	0-89d

Subtotal (I-squared = 0.0%, p = 0.612)

Overall (I-squared = 98.3%, p = 0.000)



# Etiology of neonatal bacterial meningitis

Kenya 0-60 days of age (*BMC Infectious Diseases* 2011, 11:301)

Pathogen	% where bacteria isolated (n=86)
<i>Streptococcus pneumoniae</i>	19
Group B Streptococci	15
<i>Haemophilus influenzae</i>	9
Non-typhoidal <i>Salmonella sp.</i>	8
Group A Streptococci	6
Enterobacter sp.	6
<i>Escherichia coli</i>	3
<i>Klebsiella pneumoniae</i>	3
Acinetobacter sp.	2
<i>Pseudomonas aeruginosa</i>	2
Group D Streptococci	2
<i>Streptococcus viridans</i>	2
<i>Staphylococcus aureus</i>	2

# NEOMEN BPSU 2010-11

## the 1<sup>st</sup> 200 cases

Pathogen	% where bacteria isolated (n=150)
Group B strep	50% (37% < 7 days)
<i>Streptococcus pneumoniae</i>	<i>Enterobacter, Klebsiella, Citrobacter, Pseudomonas, Salmonella, Pasteurella, S.aureus, S.epidermidis, Strep Bovis, Enterococcus</i>
Other Gram negative bacteria	
<i>E coli</i>	
Other Gram positive bacteria	
<i>Meningococcus B</i>	
<i>Listeria</i>	4%
<i>Haemophilus influenzae</i>	2%

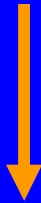
Preliminary data

# Neonatal meningitis: mortality

- E+W 1985-7:
  - GBS 27/112 = 22%
  - E coli 18/72 = 25%

(Arch Dis Child 1991;66:603-7)


overall 25%


- E+W 1996-7:
  - GBS 8/69 = 12%
  - E coli 4/26 = 15%


(Arch Dis Child Fetal Neonatal Ed 2001;84:F85-9)

overall 10%
- UK 2000-1:
  - GBS 16/109 = 12%

(Lancet 2004;363:292-4)



## Neonatal meningitis: disability at 5 years of age

	1985-7 n = 274	1996-7 n = 166
severe	7%	5%
moderate	18%	18%
mild	24%	26%
none	50% 	51%



# Long term consequences of infection in VLBW babies

**Table 3.** Neurodevelopmental Outcomes From Univariate Analyses by Infection Group vs Uninfected Infants

Outcomes	No./Total (%) With Outcome by Infection Group*				
	Uninfected	Clinical Infection	Sepsis Alone	Sepsis Plus NEC	Meningitis With or Without Sepsis
MDI <70	439/2003 (22)	478/1428 (33)‡	661/1791 (37)‡	109/262 (42)‡	70/183 (38)‡
PDI <70	250/1983 (13)	345/1407 (25)‡	472/1762 (27)‡	87/258 (34)‡	49/183 (27)‡
CP	181/2144 (8)	216/1520 (14)‡	328/1906 (17)‡	59/277 (21)‡	37/193 (19)‡
Vision impairment	115/2137 (5)	165/1520 (11)‡	275/1893 (15)‡	45/275 (16)‡	31/193 (16)‡
Hearing impairment	21/2110 (1)	29/1513 (2)†	58/1882 (3)‡	13/271 (5)‡	3/191 (2)
NDI	576/1976 (29)	614/1419 (43)‡	861/1778 (48)‡	142/267 (53)‡	89/184 (48)‡

Neurodevelopmental impairment  
@ 18-22m

# Neonatal meningitis: clinical signs

- non-specific and subtle  
(esp. premature infants)
- signs  $\equiv$  sepsis
- no published data on **timing of onset**

# NEOMEN BPSU clinical presentation: the 1<sup>st</sup> 200 cases

Condition	Frequency
Poor feeding	69%
Irritability	65%
Lethargy	61%
Fever $\geq 38.0^{\circ}\text{C}$	54%
Poor perfusion	45%
Respiratory distress	36%
Apnoea	25%
<b>Convulsions</b>	<b>25%</b>
Temp instability / hypothermia	21%
Vomiting	20%
<b>Bulging fontanelle</b>	<b>19%*</b>
<b>Comatose</b>	<b>5%*</b>
Jaundice	3%
<b>Neck stiffness</b>	<b>3%*</b>

\* Late signs?

Preliminary data

# Neonatal meningitis: diagnosis

- Non-specific clinical signs...so:
  - **L.P. needs to be part of a routine screen** for possible sepsis.....
  - but how often are LPs performed?

- ASGNI: 3966 with sepsis; LP in 51% - meningitis in 8%.

*Arch Dis Child Fetal Neonatal Ed 2005;90:F324–F327*

- NICHD: 9641 VLBW infants:

– 63% had  $\geq 1$  BC, 30% had  $\geq 1$  LP

– Meningitis in 5% of those with an LP

*Pediatrics 2004;113(5):1181-6*

- **Are cases of meningitis being missed?**

# Diagnosis of neonatal meningitis

**Table 3.** Neurodevelopmental Outcomes From Univariate Analyses by Infection Group vs Uninfected Infants

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“Clinical infection” = late-onset cultures –ve & antibiotics  $\geq 5$  days...but was LP done?

JAMA 2004;292:2357-2365

# Neonatal meningitis: other diagnostic issues

- There are few contraindications to performing a LP

PEDIATRICS Volume 125, Number 5, May 2010

- 2877 VLBW with LPs:
  - no difference in mortality vs. 6764 not having an LP

(Pediatrics 2004;113;1181-6)

# Neonatal meningitis: diagnosis

What is a normal neonatal CSF cell count?

**TABLE 2** CSF WBC Counts

Parameter	0–28 d ( <i>n</i> = 142), / $\mu$ L	29–56 d ( <i>n</i> = 238), / $\mu$ L
Value, mean (SD)	9.2 (32.1)	3.1 (5.0)
Upper bound of 95% CI of the mean value	14.5	3.8
Median value <sup>a</sup>	3	2
90th percentile value	12	6
95th percentile value	19	9
IQR	2–6	1–3

# Neonatal meningitis: other diagnostic issues

- a normal CSF white cell count, glucose and protein levels **does not** exclude meningitis:
  - 911 had LP: 95 meningitis - 13% normal initial CSF  
(Pediatrics 2006;117;1094-1100)

**TABLE 3.** Initial and repeat CSF results in infants with Gram-negative bacteremia

Patient	Cerebrospinal Fluid									Blood Culture
	CSF no	Interval* (hours)	WBC/mm <sup>3</sup>	PMN (%)	RBC/mm <sup>3</sup>	Glucose (mg/dl)	Protein (mg/dl)	Gram stain	Culture	
1	1		14	7	5	57	84	NOS	No growth	<i>Escherichia coli</i>
	2	18	1914	59	5040	45	312	NOS	No growth	
2	1		4	None	142	42	94	NOS	No growth	<i>Escherichia coli</i>
	2	24	66	41	730	<10	389	Gram-negative rods	<i>Escherichia coli</i>	
3	1		None	None	None	109	76	NOS	No growth	<i>Pseudomonas aeruginosa,</i>
	2	24	100	19	None	42	142	NOS	No growth	<i>Serratia marcescens</i>
4	1		7	None	10	49	237	NOS	No growth	<i>Klebsiella pneumoniae</i>
	2	84	149	48	16	33	412	NOS	No growth	
5	1		4	None	33	61	68	NOS	No growth	<i>Escherichia coli</i>
	2	22	42	18	641	84	115	NOS	No growth	
6	1		None	None	1	79	47	NOS	No growth	<i>Klebsiella pneumoniae</i>
	2	59	2410	77	1400	57	95	NOS	No growth	

\* Time elapsed between the first and the second CSF analysis.  
NOS, no organisms seen.



# Neonatal meningitis: other diagnostic issues

What about a traumatic tap?

- 6374 neonates had LP; 1.8% meningitis
    - 40% traumatic ( $>500$  RBC/mm<sup>3</sup>)
    - CSF WCC adjusted “down” using several methods (500:1; FBC)
      - Did not improve diagnostic utility & decreased sensitivity
- If elevated CSF WCC manage as meningitis

# Neonatal meningitis: other diagnostic issues

- pretreatment with antibiotics **does not** prevent diagnosis
  - those who received antibiotics 12 -72 h pre LP had significantly ↑ glucose and ↓ protein vs. those who did not receive them or received them < 4h...**but no influence on CSF WBC**

(Pediatrics 2008;122:726–730)

- UK: 61% of LPs done after antibiotics started  
(Neomen: 1<sup>st</sup> 200 cases (preliminary data))

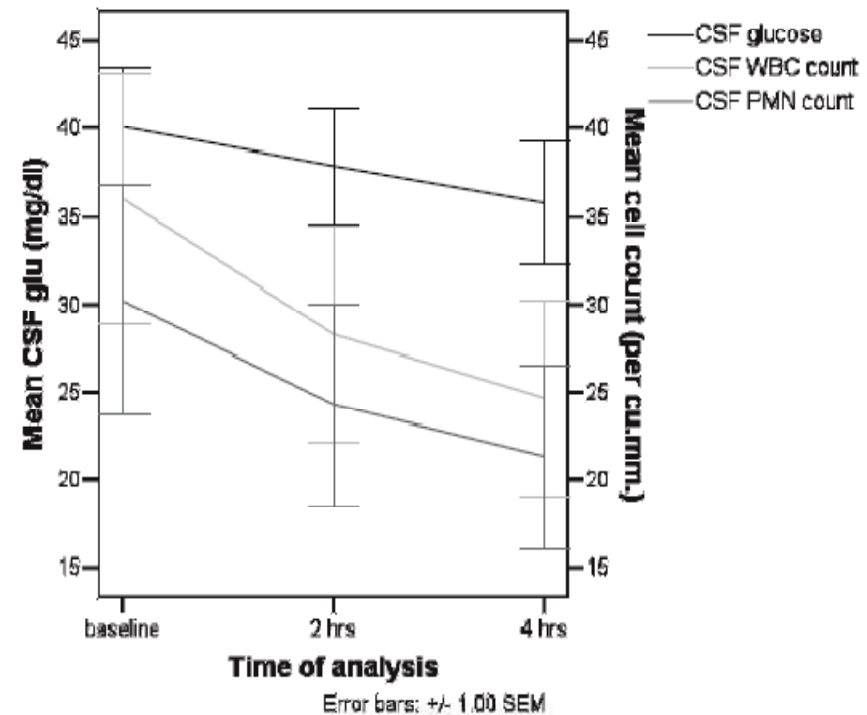
# Neonatal meningitis: other diagnostic issues

- there is an important role for non-culture methods of detection (PCR)
  - 62 cases with pre-Rx:
    - +ve culture 29%, +ve PCR 58%

(J infect Chemother 2009; 15:92-8)

# Neonatal meningitis: other diagnostic issues

- but **delay in analysis** of neonatal CSF may prevent diagnosis....
- Of 19 with baseline WCC > 30, a diagnosis would be missed
  - in 53% if analysed at 2 h
  - in 79% if analysed at 4 h.



**Figure 1** Change in cerebrospinal fluid (CSF) parameters over time. PMN, polymorphonuclear leucocyte; WBC, white blood cell.

# Neonatal meningitis: diagnosis

- LP only when blood culture comes back +ve?
  - meningitis complicated 22/145 (15%) of EOGBS  
& 13/23 (57%) of episodes of LOGBS

Early Human Development 85 (2009) S5–S7.

- Current practice?:

- UK: 138 cases invasive GBS <90 days of age
  - 79% had LP

Arch Dis Child. 2009;94(9):674-80

- NICHD VLBW infants: 2419 +ve BC
  - 66% had LP

Pediatrics 2004;113(5):1181-6

# Neonatal meningitis: diagnosis

- **BUT +ve CSF with -ve BC**

- 45/134 (Stoll et al) (VLBW)

- 35/92 (Garges et al)

- 9/27 (Vergnano et al)

- **43/150 (Okike et al)**

**Up to 38% of  
bacterial  
meningitis  
have -ve BC**

- Perform a LP if any signs of sepsis in a neonate  
(and definitely if BC+ve!)

- LP based on maternal RF only = lower yield

# Neonatal meningitis: diagnosis

- Repeat lumbar puncture at 24–72 hours?
  - Why? Provide reassurance of effective therapy with particularly virulent or resistant organisms, in patients with worsening clinical status, or in those where subtle changes in clinical status may be difficult to discern
  - 134 VLBW infants with meningitis: 67% rpt: 12% +ve  
*Pediatrics* 2004;113(5):1181-6
  - 118 infants with repeat CSF cultures: 22% repeat +ve
    - No difference in PNA, GA, Bwt, pathogen (median 1448g)
    - Mortality 6/23 (26%) vs. 6/81 (7%) ( $P=0.02$ )  
*Journal of Perinatology* (2011) 31, 425–429
- If CSF culture remains positive, review antibiotic Rx & perform cerebral imaging

# Neonatal meningitis: empiric antibiotic therapy

## Requirements:

- Cover the most likely pathogens
  - Excellent CSF penetration
- 3<sup>rd</sup> generation cephalosporins  
+ amoxicillin

Pathogen	% where bacteria isolated (n=150)
Group B strep	50% (37% < 7 days)
<i>Streptococcus pneumoniae</i>	10%
Other Gram negative bacteria	10%
<i>E coli</i>	9%
Other Gram positive bacteria	8%
<i>Meningococcus B</i>	7%
<i>Listeria</i>	4%
<i>Haemophilus influenzae</i>	2%



# Neonatal meningitis: Empiric antibiotic therapy

- Infection with *L. monocytogenes* is rare;  
~ 5% of cases
- Most cases are <7 days of age, in premature infants and are related to maternal infection.
- Traditionally, pregnancy-associated Listeria is considered up to 3 months of age, current data indicate nearly all pregnancy-associated cases present in the first month of life:
  - E+W: 72 cases of listeria meningitis 1990 - 2007, only 1 occurred at > 4 weeks of age\*
- **Optimal therapy for Listeria infection is a penicillin.**

\*Personal Communication,, Centre for Infections, Health Protection Agency

# Empiric antibiotic therapy

NB. earlier discharge policies from neonatal units

- Ex NNU neonates may have persistent colonisation with resistant bacteria after discharge [J Clin Microbiol. 2008;46(2):560-7]

- NICE guidelines

Community

amoxicillin + cefotaxime

Neonatal Unit

cefotaxime + amoxicillin + aminoglycoside;

consider vancomycin

consider meropenem

BPSU study

19% of cases:

*E.coli*,

*Enterobacter, Klebsiella, Citrobacter, Pseudomonas, Salmonella, Pasteurella, Prevotella, Morganella*



# Neonatal infections in Asia

**Table 3** Sensitivities of Gram-negative organisms causing late-onset sepsis

Organism	C <sup>S</sup> G <sup>S</sup>	C <sup>S</sup> G <sup>R</sup>	C <sup>R</sup> G <sup>S</sup>	C <sup>R</sup> G <sup>R</sup> (%)	Total
<i>Acinetobacter</i> species	6	4	7	3 (15)	20
<i>Escherichia coli</i>	14	1	5	5 (20)	25
<i>Enterobacter</i> species	11	2	12	3 (11)	28
<i>Klebsiella</i> species	35	2	2	31 (44)	70
<i>Proteus</i> species	0	0	2	1 (33)	3
<i>Pseudomonas</i> species	3	1	6	6 (37)	16
<i>Serratia</i> species	9	0	1	3 (23)	13
Other Gram-negative bacilli	1	0	2	2 (40)	5
Total	79 (44%)	10 (6%)	37 (21%)	54 (30)	180

C, third-generation cephalosporin (cefotaxime or ceftazidime for *Pseudomonas*); G, gentamicin; S, sensitive; R, resistant.

# Neonatal meningitis: Empiric antibiotic therapy: audit of current UK policy

- 45% include a cephalosporin
  - In 12%, cephalosporin as monotherapy
- 19% do not include any penicillin
- 5% used a triple combination  
(cephalosporin + a penicillin + aminoglycoside)

# Neonatal meningitis: Empiric antibiotic therapy: current UK practice

- 82% included a cephalosporin
  - 17%, cephalosporin as monotherapy
- 25% did not include any penicillin
- 9% used a triple combination  
(cephalosporin + a penicillin + aminoglycoside)
- 57% used cefotaxime + pen/amox +/- gentamicin

Neomen: the 1<sup>st</sup> 200 cases. Unpublished.

# Neonatal sepsis / meningitis: risk factors for poor outcome

E.Coli (85/14)	OR (death)
Hypotension on admission	8.4
Hypotension @ 12h	36
Seizures @ 12 h	11

Clin Microbiol Infect 2008; 14: 685–690

All (256/18)	OR (death)
Coma on admission	11

Arch. Dis. Child. Fetal Neonatal Ed. 2001;84;85-89

GBS (237/39)	OR (death)
shock	23
coma	16
Seizures	6

Archives de Pédiatrie 2008 ;15:S126-S132

GBS (76/5)	OR (death)
Shock @ presentation	24
↓ platelets	42

J Maternal-Fetal and Neonatal Medicine 2008; 21(1): 53–57

All (76/25)	p (adverse outcome)
hypotension	<0.001
coma	<0.001
inotropes	<0.001
seizures	<0.001

Pediatrics 2000;106:477– 482

# Improving the outcome from neonatal infection

- circulatory support in shock: fluid resuscitation to restore intravascular volume, stabilize blood pressure and maintain adequate oxygenation
  - strict and early goal-directed fluid resuscitation, vasopressor therapy and transfusion of adults with severe sepsis  
(N Engl J Med 2001;345:1368-77)
  - early aggressive fluid resuscitation in children  
(JAMA 1991;266:1242-5)
  - delayed reversal of shock associated with worse outcome; every hour of failure to reverse shock results in doubling of risk of death  
(Pediatrics 2003;112:793-9)
- few high-quality studies have assessed initial fluid therapy in neonates with suspected or confirmed bacterial sepsis / meningitis.

# Antibiotics - Gram negative enteric bacteria

## ? Need intrathecal antibiotic Rx

- 1971-5; 117 GN meningitis (70% Ecoli); amp / gent +/- IT gent; no difference mortality (32%) or morbidity (36%)

## ? Need intraventricular antibiotic therapy

- 1976-9; 71 GN meningitis: 73% ventriculitis; amp / gent +/- IVt gent; mortality 43% IVt vs 13% no IVt gent

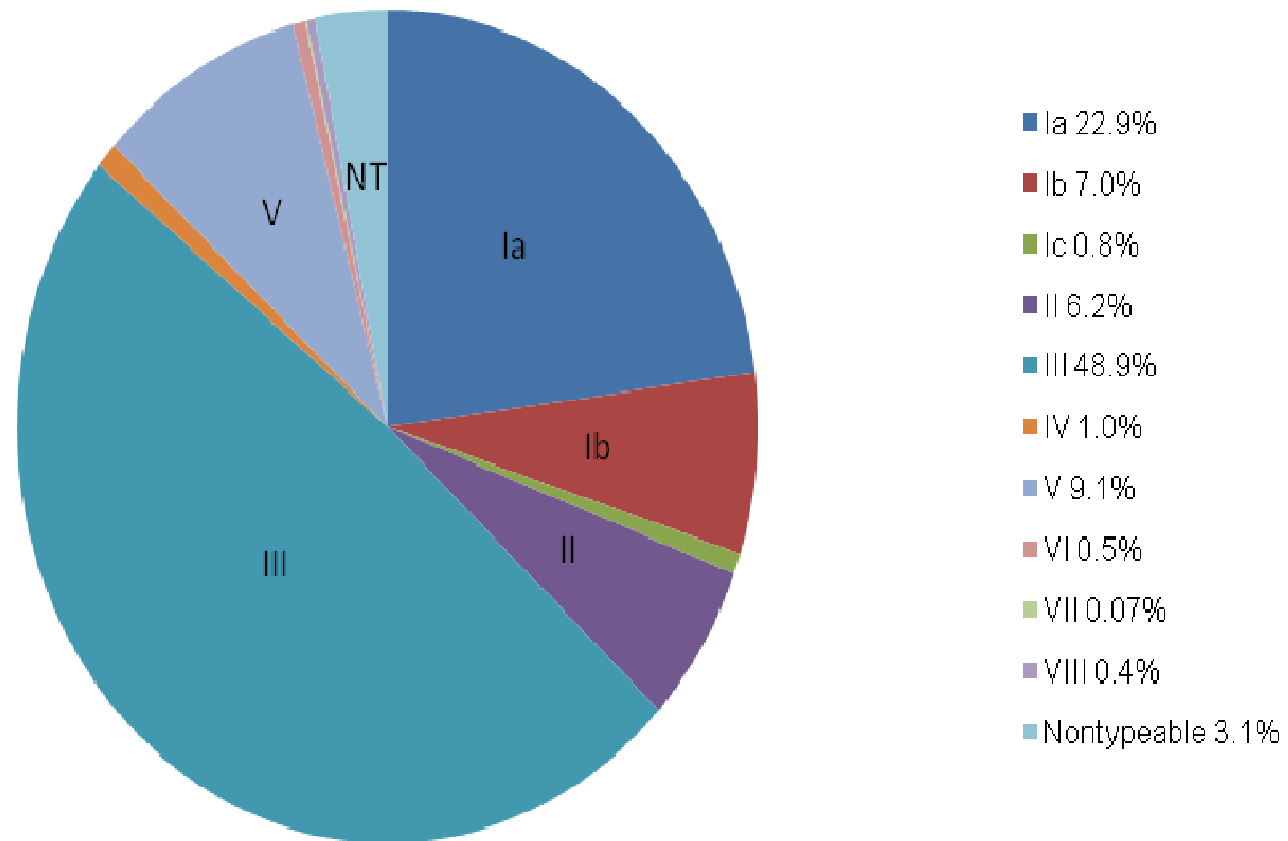
J Ped 1976;89:66-72; Lancet 1980: 787-91.



# Adjunctive therapy (meningitis)

- Corticosteroids?
  - Study of 52 cases: dex vs no dex
  - (1st dose pre ab), cefotaxime + ampicillin; 1993-5, Jordan: 79% enteric GNB (3 cases GBS).
  - Mortality 22 % CS vs 28% no CS; CNS deficit 30% vs 39% (NS) (Eur J Ped 1999;158:230-3).
- Oral glycerol?
  - Recent paediatric study indicates better outcome than dexamethasone (Clin Infect Dis 2007;45:1277-86).

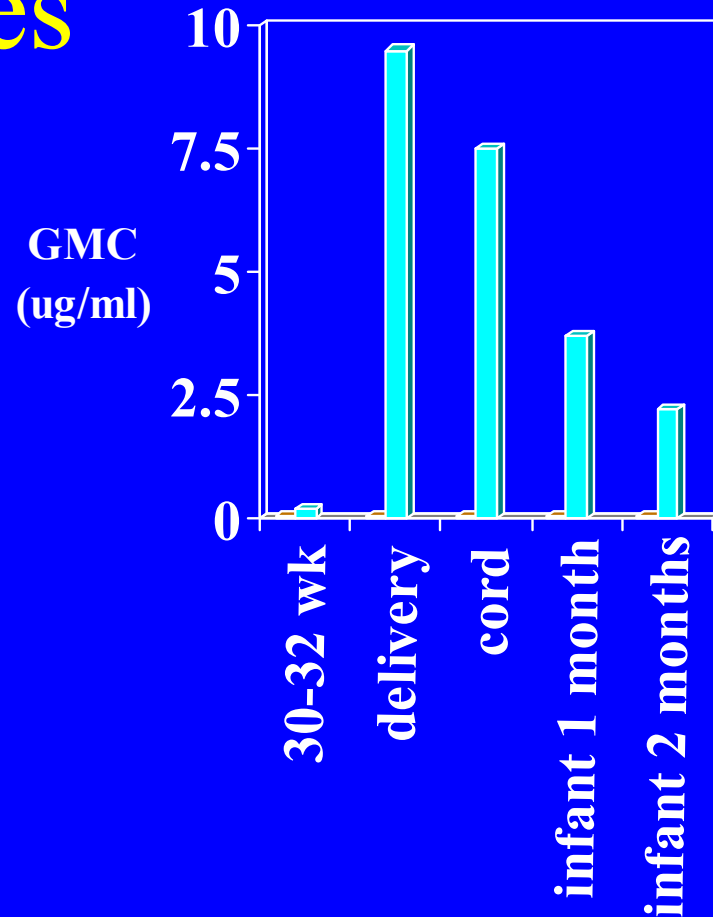
# Global GBS serotype distribution, 1980-2011



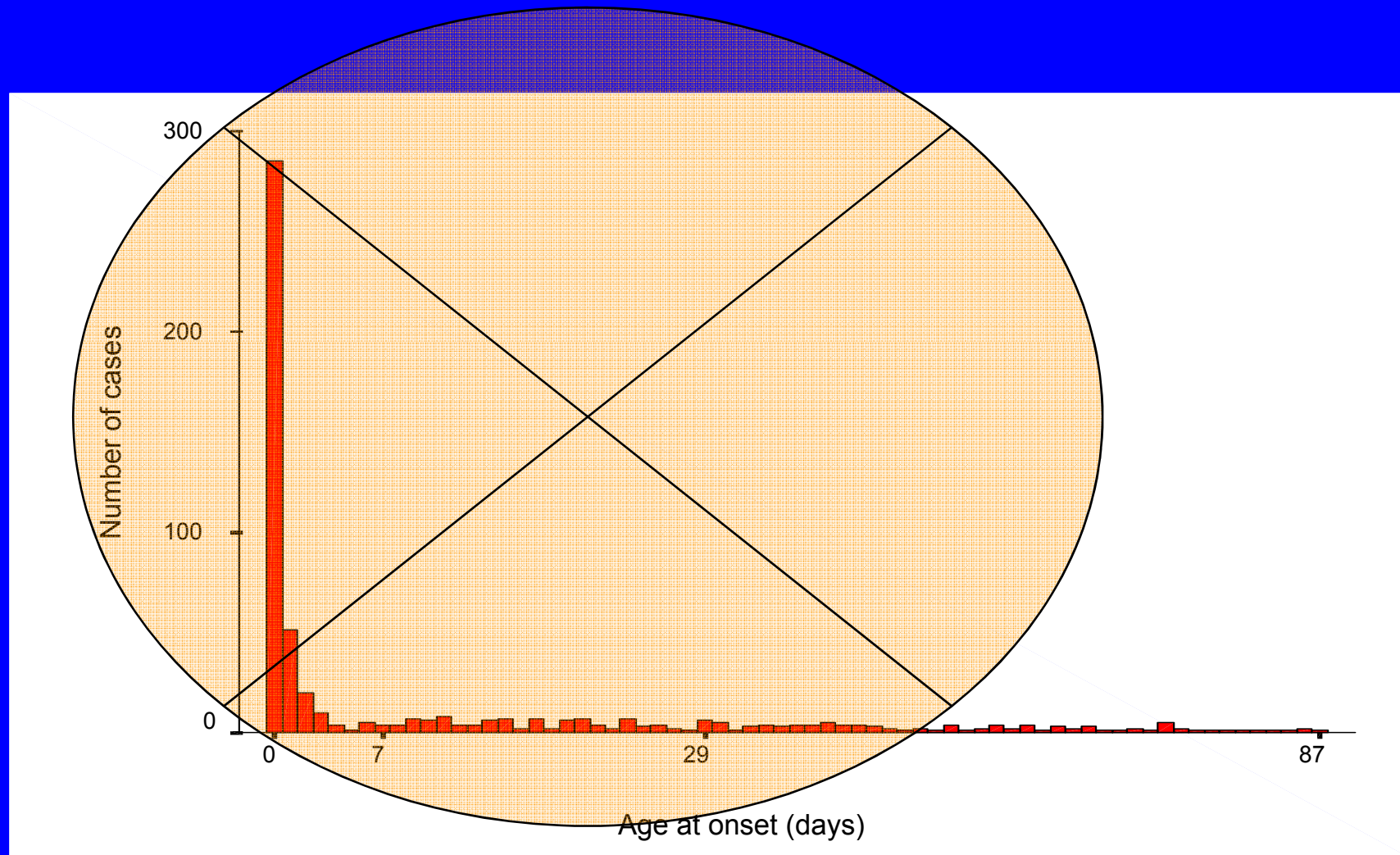
Edmonds et al. Lancet 2011 (in press)

# GBS CPS-protein conjugate vaccines

- GBS III PS conjugate vaccine in pregnancy
- III-Tet (20) or saline (10) at 30-32 wk
- well tolerated
- cord / maternal = 0.8



# Potential of a GBS vaccine



# Improving the outcome of neonatal meningitis...can we do better?

Probably YES!

- Better management....
  - Earlier recognition & diagnosis?
  - Earlier use of appropriate (dose/type) empiric and treatment antibiotics?
  - Role for new antibiotics?
  - Better supportive care?
  - Adjunctive therapy?
- Better prevention....

# Bacterial meningitis in babies <90 days of age: defining the current burden of disease and identifying opportunities for improving the outcome.

(NEOMEN)



## Objectives:

To define

- the minimum incidence of meningitis in the UK and Ireland;
- the bacterial pathogens (and the antibiotic resistance profiles);
- the clinical presentation;
- the mortality and short-term complication rates of meningitis;
- the current management.

To identify opportunities for improving the outcome through detailed analysis of early case management relative to an evidence based optimal standard.

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