

Meningitis and septicaemia

Know the symptoms

Red symptoms are more specific to meningitis and septicaemia and less common in milder illnesses. Not everyone gets all these symptoms.



MENINGITIS

Fever and/or vomiting

Severe headache

Rash (not all cases)

Stiff neck*

Dislike of bright lights*

Very sleepy/vacant/
difficult to wake

Confused/delirious

Seizures (fits)

SEPTICAEMIA

Fever and/or vomiting

Limb/joint/muscle pain

Cold hands and feet/
shivering

Pale or mottled skin

Breathing fast/
breathless

Rash (not all cases)

Very sleepy/vacant/
difficult to wake

Confused/delirious

*Less common in babies and toddlers



Freefone* helpline:

080 8800 3344 (UK) 1800 41 33 44 (Ireland)

iPhone app www.meningitis.org/iPhone

www.meningitis.org



Meningitis
Research Foundation

