

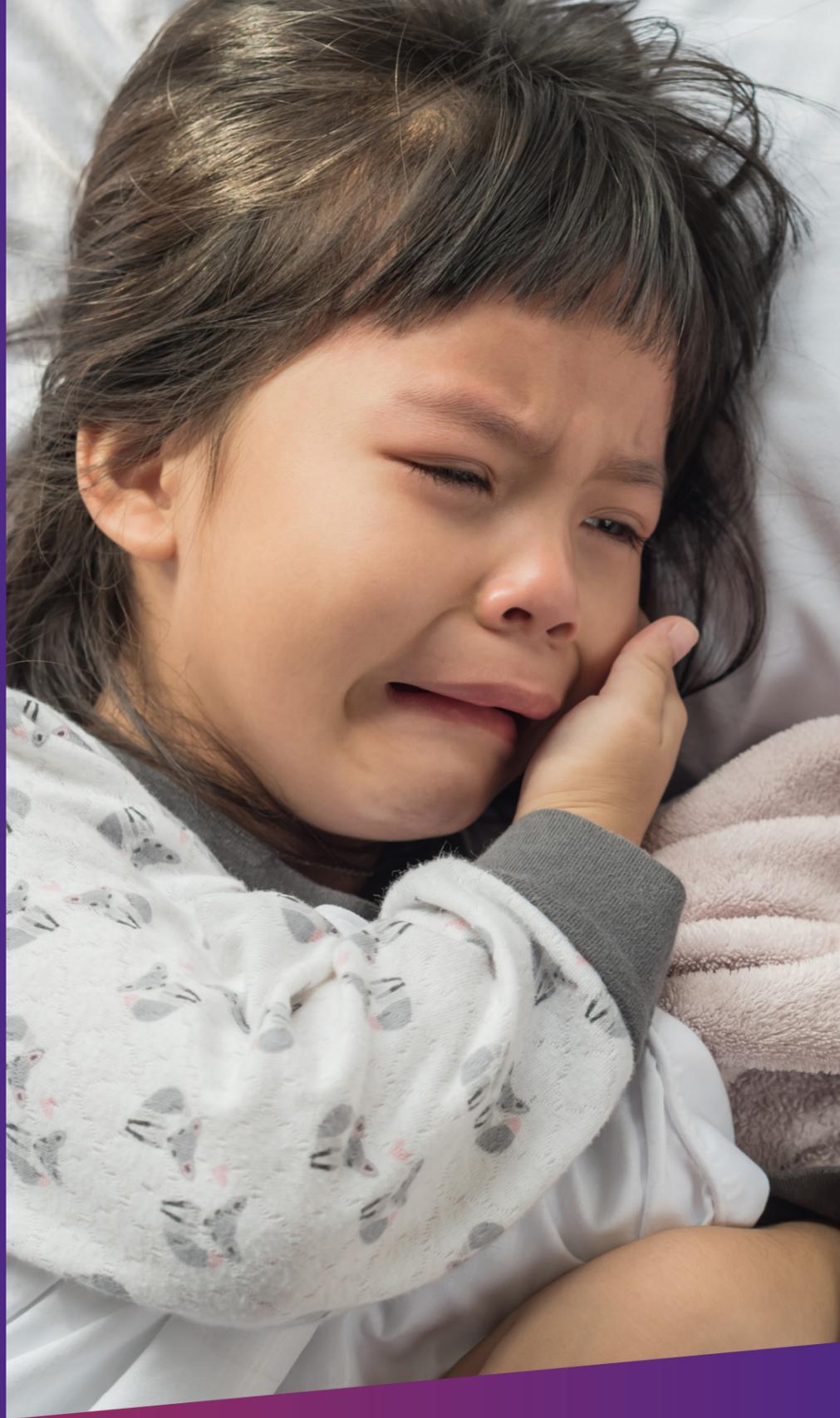
# Meningitis and sepsis

## Could you spot the signs?

Meningitis and sepsis are uncommon but serious illnesses that are difficult to spot in the first 4-6 hours of illness.

Around half of children who have meningitis or sepsis are sent home after a first visit to a GP.

But a child can be close to death in less than 24 hours.



# Trust Your Instincts

If your child is ill and getting worse, don't be afraid to seek medical help immediately – even if you have already seen a doctor.

For information on symptoms and when to take urgent action, visit:

**[meningitis.org/TrustYourInstincts](https://meningitis.org/TrustYourInstincts)**

*The terms sepsis and septicaemia are often used interchangeably*

Free helpline:

UK **080 8800 3344** | Ireland **1800 41 33 44**

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